

NORTH WHITE FITNESS CENTER RULES & REGULATIONS NON-STAFF

The following rules and regulations are in place for the North White School Corporation Fitness Center to assure a safe and comfortable place for adult school district residents, students, and school staff to work out.

The fitness center is open to adult school district residents Sunday, Monday, Wednesday, and Thursday evenings from 6:00pm to 7:30pm. **The new days and hours will begin on September 7, 2010.**

Adult mean anyone over the age of eighteen who is a resident of the school district of North White.

The fitness center is closed when school is closed (i.e. snow days, fall, winter, & spring vacation). We will also be open during the summer.

Passes will be issued to members at \$75.00 per school year and are non-transferable.

Prior to using the Fitness Center the following orientation must be done and forms are required to be filled out and on file:

1. Have on file an Emergency Information.
2. Have on file a Rule and Regulations Sign Off and a Liability Injury Waiver Sign Off form filled out.
3. Limited Criminal Background check.

Proper Attire should be worn at all times: Absolutely no sandals, jeans shorts, or sleeveless shirts.

Absolutely no children under 18 years of age allowed in the fitness center or anywhere else in the building, when parents or guardians are using the fitness center during hours listed above.

Problems: Please report any equipment failure, injury, etc. to the supervisor. Any misuse of equipment or the facility will result in immediate removal and revocation to the fitness center. No refund will be issued.

Water bottles will be the only food or drink allowed in the fitness center.

After using the equipment, please spray and wipe down all areas that you use.

**NORTH WHITE SCHOOL CORPORATION
FITNESS CENTER INFORMATION**

Name: _____

Address: _____

Telephone: _____ Cell Phone: _____

Email Address: _____

Emergency Contact and Phone: _____

Family Doctor: _____

The following information is needed in order to run a Limited Criminal background

check: Date of Birth, month/day/year: _____

Rule and Regulations Sign-off

I have received a copy of the North White School Corporation Fitness Center Rules and Regulations. I have read and understand all the rules and regulations for the fitness center and agree to abide by them.

Signature: _____ Date: _____

Injury Waiver Sign-off

This notice is to state that I will not hold the North White School Corporation nor any personnel employed by said corporation responsible for any injuries which may occur when I am working out in the physical fitness room. The Corporation is also not responsible for any injuries I may incur before, during, or after working out.

Signature: _____ Date: _____

Fitness Center Fee paid by: Cash or Check No. _____ Date: _____